

# Walking the Path of the Heart

**Ragnar Johnsen**

Full weekend Healing Ceremony  
Het Zonnelicht in Tilburg,

**Data**

**vrijdagavond 11 t/m zondag 13 oktober 2024**

**vrijdagavond 14 t/m 16 februari 2025**

**vrijdagavond 11 t/m 13 april**

**vrijdagavond 6 t/m 8 juni**

Wij nodigen je van harte uit voor de retreat van "Walking the Path of the Heart" vol krachtige diepgaande liefdevolle healing ceremonies met Noorse elder (Kiva en Sundeer), wisdomkeeper, zuiver kanaal, hartgecentreerde 'straight to the point' healer en runemaster Ragnar Johnsen. Het vindt plaats in een prachtige rustige oase. Een zen tempel midden in de stad Tilburg genaamd Meditatiehuis Het Zonnelicht.



**Dit is wat Ragnar vertelt over de retreat:**

I am happy to invite you for a weekend of sharing the Medicines of the Heart...  
A journey of diving deep into your own healing process and the mysteries of  
yourself... No time frames... A free space just to be... No masks needed, no

expectations to live up to... A space where you will feel safe to open up to what you carry inside and that stands in the way of your own growth... Only “you” know what “you” carry...

Your responsibility for a good retreat is that you speak from your Heart and give a chance for light to shine on something that is important for you...

We will learn how to better understand ourselves, and the journey we are here to do... We learn how to listen to our Heart and be guided by our Inner Voice, our Soul... Finding a greater inner peace and advancing on our path...

The most beautiful thing about doing intuitive workshops and ceremonies is that never two are the same... I never know what will happen or how it will all take form and I love this feeling of stepping in to the unknown...

Centering in the Heart and trusting in the creative powers of the unknown.

The Great Mystery... Allowing the needs of each and one of us to give form to the field of energy in which we will be moving... What I do know, is that each time healing takes place, moments of realizations and understanding is reached, as well as guidance received... You will have a new experience, a new journey each time you take part in these Ceremonies...

Always A beautiful co-creation, Always finding its own specific form of healing...

I work with different tools like the runes, stones, crystals, the drum & singing for bringing clarity and healing for Body, Mind and Spirit... I am there as a canal to contribute for change, growth and healing to take place and we create together how it will take form... I invite you to share from your Heart and give a chance for light to shine on something that is important for "you" ... Sharing outspoken or just shared as a focused intention...

We will work on how to release our emotional wounds... How to free our self from the mental programs and self-limitations that we all carry and is holding us back from reaching our true potential...

The ceremonies are shared in a crystal portal, and we will meet the healing energies of our dear brothers and sisters from the mineral kingdom... I will support & guide you through this part of your process by harmonizing our collective field and giving hands on personal support for release when needed...

We will travel to the beat of the drum and I will share with you songs of healing... We will also practice a Healing Heart meditation called “One Minute a

Day” ... Meeting the Runes and their wisdom as well as I will answer questions and shine light on issues related to your personal journeys...

“Love lifts to surface all that needs to be healed...”

Ragnar

**Practical info:**

Friday evening until Sunday

Friday: 18.00 - 22.00 (walk in from 17.30)

Saturday: 10.00 - 20.00 (walk in from 9.30)

Sunday: 10.00 - 17.00 (walk in from 9.30)

Language: English

Mia, our great cook will take care of us with her beautiful Ayurvedic food.

Light meal Friday evening

Lunch & dinner Saturday

Lunch Sunday

You have to organize your own accommodation to sleep.

We can offer to help with sleeping for 4 people.

You can look at this list for other accommodation options nearby :

[accommodation options Tilburg](#)

**Contribution for the weekend:**

Sponsor price: 404 euro

For those who are financially fortunate,

to make the support price possible for those who have little financial means.

Normal price 366 euro

Support price on request

You can register for the weekend or ask for more info by mail to

Wieteke

[wieteke@ardeenco.nl](mailto:wieteke@ardeenco.nl)

06-42121559

There is a limited number of places for this healing ceremony, so please register early... 😊

We are happy to welcome you... ✨❤️✨