

PATH OF THE HEART – RAGNAR JOHNSEN



In February around Imbolc, the cycle of nature indicates that it is time to prepare our soil to sow our seeds. The lifeforce energy in nature slowly awakens again for fertile conception. Still vulnerable, but a new fresh start begins where nature slowly begins to open up to the outside world for the natural propulsion of blossoming and growth. This comes after the winter where we could dive into the deep darkness to rest, recharge, encounter ourselves, connect to our ancestors and see ourselves in our own inner light. Winter brings a chance to feel what wants to grow on a soul level and what is needed to let go to create space for this growth. A chance to clearly see our seeds, so that we can plant our new intentions for 2025.

Have you encountered yourself in your depth and darkness this winter and would you like more insight, support and guidance? Are you ready to let go of what no longer serves on an emotional, physical and spiritual level to prepare for what now wants to be born in your life? Do you want more clarity in your potential, your soul call, your seeds? Do you want to give yourself a great gift to open your heart further for yourself, your life and life itself? Do you want to hear your inner voice, wisdom and guidance more clearly for the next steps to come? So...

Do you want to prepare your soil for your blossoming and growth in this time of Imbolc? Then this retreat is for you!

This is what heart centred wisdomkeeper, Norwegian runemaster and to the point healer Ragnar Johnsen shares about the retreat:

I am happy to invite you for a weekend of sharing the Medicines of the Heart... A journey of diving deep into your own healing process and the mysteries of yourself... No time frames... A free space just to be... No masks needed, no expectations to live up to... A space where you will feel safe to open up to what you carry inside and that stands in the way of your own growth... Only “you” know what “you” carry... Your responsibility for a good retreat is that you speak from your Heart and give a chance for light to shine on something that is important for you...

The Medicines of the Heart is about bringing you home, back to your Heart... It's about helping you to embrace yourself and all what you already are, deeply rooted in unconditional love... It's about helping you to advance on your path, embracing your gifts and finding the inner strength to manifest your life purpose... It's about Change, Growth and Transformation...

By creating a collective field of love and safety, we journey together through the different parts of the Retreat... Sometimes in silence and sometimes supported by the drum or singing... The Runes are there for guidance and the journeys with the Stones and Crystals are helping us to “fine tune” our physical, mental and energetic body... Allowing for the individual needs of each and one of us to be touched and come to the surface...

It is not about learning to Walk “my” Path of the Heart... It is about helping You to find, embrace and advance on the Path of Your own Heart...

The most beautiful thing about doing intuitive Retreats and Ceremonies is that never two are the same... I never know what will happen or how it will all take form... I love this feeling of stepping in to the unknown... Centering in the Heart and trusting in the creative powers of the unknown... Allowing the needs of each and one of us to give form to the field of energy in which we will be moving... I am there as a canal to contribute for change, growth and healing to take place and we create together how it will take form... What I do know, is that each time healing takes place, moments of realizations and understanding is reached, as well as guidance received... You will have a new experience, a new journey each time...

The ceremonies are shared in a crystal portal, and we will meet the healing energies of our dear brothers and sisters from the mineral kingdom... I will support & guide you through this part of your process by harmonizing our collective field and giving hands on personal support for release when needed... We will travel to the beat of the drum and I will share with you songs of healing... We will practice a Healing Heart meditation called “One Minute a Day”, work on how to release our emotional wounds as well as how to free our self from the mental programs and self-limitations that we all carry...

Always A beautiful co-creation ----- Always finding its own specific form for healing...

Ragnar

Practical info:

It takes place in a beautiful peaceful oasis. A Zen temple in the middle of the city of Tilburg called Meditation House Het Zonnelicht.

Friday: 19:00 - 22:00 (walk in from 18:00)

Saturday: 10:00 - 21:00 (walk in from 9:30)

Sunday: 10:00 - 17:00 (walk in from 9:30)

Mia, our great cook will take care of us with her beautiful Ayurvedic food.

Soup on Friday

Lunch & dinner Saturday

Lunch Sunday

At Zonnelicht we can offer some sleeping places. When it's full there are more sleeping accommodations possible around Het Zonnelicht. Please ask for more info..

Contribution for the weekend:

Sponsor price: 404 euro

For those who are financially fortunate, to make the support price possible for those who have little financial means.

Regular price: 366 euro.

Support price on request.

Paying a deposit, secures your place.

For more information and registration contact Wieteke Brocken:
wieteke@aardeenco.nl or send her a pm by messenger.

We are happy to welcome you with open Hearts...